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ATLANTIC CARE

SERVICES

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NEWSLETTER



Medicaid Open Enrollment

Medicaid open enrollment has started! Open enrollment is the 60-day period each year when you can change plans without state approval. Open enrollment occurs yearly based on the region where you live, please see the chart below.

Regions	First day to change	Last day to change	Plan effective date
9 (Indian River, Martin, Okeechobee, Palm Beach and St. Lucie)	October 1	November 30	December 1
5-8 (Pasco, Pinellas, Hardee, Highlands, Hillsborough, Manatee, Polk, Brevard, Orange, Osceola, Seminole)	November 1	December 31	January 1
1-4 (Alachua, Bradford, Citrus, Columbia, Dixie, Gilchrist, Hamilton, Hernando, Lafayette, Lake, Levy, Marion, Putnam, Sumter, Suwannee, Union)	December 1	January 31	February 1



You can use the following website for more information on changing your plan. Please reach out to Atlantic Care Services to ensure we are in network with the plan you choose!

<https://www.flmedicaidmanagedcare.com/home/faq>

Choice Counselors are available to assist with choosing the correct plan for your family at 1-877-711-3662 Monday through Thursday, 8am to 8pm, and Friday, 8am to 7pm.

Florida Music Therapy

We were thrilled to have Florida Music Therapy join us at our recent Picnic in the Park event! In home music therapy is now covered by Medicaid! You, your family member, or you patient may be eligible!

Florida Music Therapy serves Brevard, Collier, Indian River, Lee, Orange, and Osceola counties and is a direct provider for CMS, Sunshine Health, and more!

If you are interested you can call them at 321-209-1008 or email them at info@floridamusictherapy.com.



Paperless W2's

Make tax season a breeze with paperless W2's! Log onto your ADP app and use the following instructions. Navigate to Home > Pay > Go Paperless > Click the Go Paperless button > And make sure to turn on the paperless option for your tax statements. You can also opt into paperless for your pay statements and health coverage statements.

Paperless Settings ×

Pay statements ?

Receive paperless statements

Send me email notifications

Tax statements ?

Receive paperless statements

Send me email notifications

Health coverage statements ?

Receive paperless statements

Send me email notifications



Picnic in the Park

We had an incredible time at our first annual Picnic in the Park! It was such a joy to see everyone, share delicious food, and enjoy fun activities including face painting and music therapy. We're already looking forward to doing it all again next year! Check out fun photos from the event on our social media pages!

Facebook - Atlantic Care Services LLC

Instagram - @atlanticcareservices1

Happy Thanksgiving

As we are heading into this Thanksgiving season, we want to share with you all what we are thankful for! We are thankful for all of our patients and their families. It is a true pleasure getting to know each and every one of you. We are thankful for our caregivers who work incredibly hard to provide the best care possible for our patients. We are thankful for our internal team members who work day in and day out to prioritize our patients and nurses. We are thankful to have such an amazing Atlantic Care community! We hope the start of your holiday season is full of love, friends, family, and happiness!



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Connor
Jontz

We are excited to introduce you to another one of our adorable patients, Connor! Connor loves Legos, cars, Paw Patrol, and Sesame Streets Mecha Builders. They thrive in the spotlight and absolutely love meeting new kids and making new friends. They're curious, adventurous, and love learning new things. They can't seem to get enough fresh air and love helping their daddy in the garden. Connor also loves drawing with chalk, riding their bike, going on walks, going to the park, and finger painting. Connor has a gentle spirit and cares greatly for others. We are lucky to have such a sweet child and family as part of our community!



Happy Birthday

Cleodine M.
Jennifer D.
Chidubem N.
Gaelle J.
Geovanni H.
Jodi T.
Juilenne J.
Marie R.
Lissette R.
Marilian M.
Violet A.
Mariya N.
Olufunke O.
Norma P.
Natasha R.
Grace H.
Deborah V.

Abubakarr B.
Everly B.
Adline P.
Rose M.
Ana B.
Olguine G.
Angel R.
Antonio F.
Beverly M.
Karen J.
Nurit C.
Kayla P.
Rhonda C.
Rhonda D.
Hunter B.
King G.
Steele R.
Jemima J.

Gladys T.
Irvin R.
Isabel C.
Joanne F.
Veronica A.
Ileana C.
Jannifer H.
Khadijah Y.
Maria C.
Maria V.
Lourdes L.
Margarita I.
Marcia T.
Stephanie W.
Tamara D.
Wanda A.
Kai M.



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*Adejoke
Seriki*

We are honored to introduce you to our September caregiver of the month, Adejoke! She has been working with Atlantic Care Services for 6 years, since the start of the company! Adejoke's dedication and commitment to caring for patients is unmatched. She has worked with the same patient for 7 years and has been described as "a nurse and a best friend". Although her patients address changed to heaven recently, she will forever be a part of their family! We could not have asked for a better nurse to be a part of our team. Congratulations and well deserved Adejoke!



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A Matchmaking Moment

“Being able to take care of babies, teens, and everyone in between during some of their most vulnerable and scary moments in their lives is my favorite part about being a nurse. I love being able to use my medical training to provide healing and comfort.”



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This month we are excited to introduce you to Mande! Mande is originally from Florida and has been in the healthcare field for over 10 years. She started her career in pediatric emergency medicine and has worked her way into home healthcare. She recently graduated from Orange Technical College after wanting to further her education.

In her free time she enjoys traveling, gardening, and going shopping. She also loves spending time with her dog Thor. Some fun facts about Mande are that she is an only child, her favorite color is pink, and she only has one kidney.

“I am an ambitious individual on a journey to discover my true potential and make a positive impact in and around my community.”

Mande prefers day shift and is available Monday - Saturday starting November 4th. She is skilled in Gtube and open to learning more skills to provide the best care she can. She is open to pets in the home and any age. She is located in Deltona and willing to drive up to 25 minutes.

If you would like to schedule a meet and greet to have Mande as your nurse, call our main line at 407-270-5501!



The Importance of Weight Monitoring in Home Care for Medically Fragile Individuals

Monitoring weight is a critical aspect of caring for medically fragile children and adults, particularly those with complex health conditions. Regular weight tracking helps detect health changes early, guides nutritional needs and is an important factor in skilled nursing care that is provided.

Why Weight Monitoring Matters

- Early detection of health issues
 - Significant weight changes can signal fluid retention, nutritional deficits, or the need for medication adjustments.
- Nutrition and hydration
 - Weight loss or gain can impact and reflect on nutrition and hydration, which are crucial for maintaining health and preventing complications.
- Tracking medication effects
 - Certain medications can cause weight fluctuations as side effects, tracking helps in timely intervention.
- Personalized care plans
 - Regular weight data helps tailor care plans to meet individual needs effectively.



Guidelines for Home Weight Monitoring

- When to monitor
 - As a result of factors such as immobility and the use of a wheelchair, monitoring weight can be very difficult. Please attempt to monitor weight at any medical office that has a scale that can accommodate our patients.
- Best practices
 - Weigh at the same time each day (preferably morning) before eating or drinking, with similar clothing for accuracy.
- Recording and tracking trends
 - Document weights and keep a weight log that can be easily shared with healthcare providers.

Tips for Caregivers and Families

- Ensure accuracy
 - Use the same scale (if possible), place it on a hard surface, and recalibrate regularly.
- Recognize patterns, not just numbers
 - Minor, daily fluctuations are normal. Look for sustained trends over time.
- Communicate with healthcare providers
 - Regularly share the weight log with the medical team, and report sudden or unexpected changes promptly.



Special Considerations for Medically Fragile Individuals

- For children, work with pediatric specialists to ensure weight goals are appropriate for their age and condition.
- For adults, especially those on heart or kidney medications, even small changes can be significant and warrant closer attention.

Resources and Support

- Nutritionists and dietitians
 - Collaborate with a nutritionist for guidance on diet adjustments if weight changes persist.
- ACS home health nurses
 - We can offer practical tips on weighing accurately and help interpret data trends.
- Educational materials
 - Request resources from a specialist to provide the best possible service to have our clients remain on track.

Weight monitoring is a proactive step that empowers caregivers and families in the home care setting. Consistent monitoring not only provides peace of mind but also aids in the early identification of health issues, ensuring timely interventions.



Listed below are available shifts for the month of November, for both adults and pediatrics. If you are interested in any of these shifts, please call the office main line at 407-270-5501. Shifts are subject to change and pay rates vary from case to case.

Adults

Skills	Location	Days / Times
Gtube / Trach / Vent	Oviedo 32765	Monday, Friday, & Saturday 11pm - 7am Wednesday 3pm - 11pm Sunday 24hrs
Trach / Vent / Spanish Speaking Only	Maitland 32751	Tuesday - Thursday 8pm - 8am Saturday & Sunday 9am - 9pm
Gtube / Trach / Vent	Orlando 32828	Friday & Sunday 7pm - 7am
Gtube / Trach / Vent	St. Cloud 34772	Friday 7pm - 7am Sunday 24hrs E/O Saturday 7pm - 7am
Gtube	Apopka 32712	11/12 11/13 11/19 11/20 11/26
Gtube	Kissimmee 34743	Sunday 24hrs Saturday 7pm - 7am
Gtube / Lifting / Male Nurse Spanish Speaking	Kissimmee 34758	Friday, Saturday, Sunday, & Monday 7am - 7pm



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Vent / Cath	Orlando 32825	E/O Saturday & Sunday 9am - 9pm
Gtube / Trach / Cath	Palm Bay 32907	Tuesday, Wednesday, & Saturday 7pm - 7am
Gtube / Trach / Vent	Kissimmee 34741	Wednesday 7pm - 7am E/O Saturday 7pm - 7am
Gtube / Trach / Vent / Bipap	Orlando 32822	Saturday & Sunday 7am - 7pm
Trach / Vent	Alt. Springs 32714	Friday & Saturday 7pm - 7am
Trach / Vent	Ocala 34480	Monday 7am - 7pm E/O Monday 7pm - 7am Thursday & Friday 7am - 7pm Saturday & Sunday 7pm - 7am
Duopa Pump / Jtube / Cath	Brandon 33511	E/O Saturday 8pm - 8am E/O Sunday 8am - 8pm

Pediatrics

Skills	Location	Days / Times
Gtube	Orlando 32828	E/O Sunday 7am - 7pm Sunday 7pm - 7am
Gtube / Trach / Vent	Apopka 32703	Saturday 24hrs



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Gtube / Trach / Vent	Alt. Springs 32701	E/O Friday 7pm - 7am
Med Management	St. Cloud 34771	Sunday 7am - 7pm
Gtube / Trach / Vent	Orlando 32824	Wednesday 7pm - 7am
Cath	Lake Mary 32746	Monday - Friday 5:30pm - 5:30am Saturday & Sunday 5:30pm - 5:30am
Gtube / Trach / Vent	Orlando 32812	Wednesday 7am - 7pm
Gtube	Melbourne 32940	Monday 4:30pm - 11:30pm Thursday 4:30pm - 1:30am
Gtube	Oviedo 32765	Sunday 7am - 7pm
Seizures	Riverview 33578	Monday & Friday 9am - 5pm
Gtube	Winter Garden 34787	Friday - Sunday 8am - 8pm
Gtube	Alt. Springs 32714	Sundays 7am - 7pm
Gtube	Metrowest 32835	Monday - Friday 7:30am - 5:30pm



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Gtube	Winter Garden 34787	Saturday & Sunday 8am - 8pm
Gtube / Trach / Vent	Orlando 32839	Monday, Thursday, & Friday 7am - 7pm
Gtube / Behavioral	Casselberry 32707	Wednesday & Thursday 8am - 8pm
Gtube	Kissimmee 34759	Saturday & Sunday 6am - 6pm
Gtube / Trach	Alt. Springs 32714	Sunday 7am - 7pm Monday 7pm - 7am
Gtube	Kissimmee 34758	E/O Sunday 7pm - 7am
Gtube	Palm Bay 32908	Sunday 24hrs Monday, Wednesday, Friday, Saturday 7pm - 7am
Gtube	Orlando 32839	Friday & Saturday 7pm - 7am
Gtube	Lakeland 33812	Saturday & Sunday 7am - 7pm
Gtube / Vent	Orlando 32824	Monday - Friday 7am - 7pm
Gtube / Cath	Kissimmee 34758	Friday 7pm - 7am Sunday 24hrs



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Trach / Bipap	St. Cloud 34771	Monday & Saturday 7pm - 7am
Gtube	Apopka 32703	Wednesday 2 - 5pm Thursday 3 - 7pm E/O Sunday 7am - 7pm
Trach / Vent	Orlando 32825	Sunday - Saturday 7pm - 7am Saturday & Sunday 7am - 7pm
Gtube / O2	Paisley 32767	All Nights Open 8:30pm - 8:30am
Gtube / Bipap / Vent	Leesburg 34748	Friday 7pm - 7am Saturday 24hrs Sunday 7am - 7pm
Gtube / Trach / Cath	Davenport 33897	Friday & Saturday 7pm - 7am
Gtube MJ continuous J	Alachua 32615	Monday - Wednesday 7pm - 7am
MJ continuous J	Alachua 32615	Monday - Wednesday 7pm - 7am
Gtube / Trach / Vent	Champions Gate 33896	Saturday 6am - 6pm Sunday 24hrs
Gtube	Davenport 33837	Saturday & Sunday 7am - 7pm Saturday 7pm - 7am

